## A PROCLAMATION RECOGNIZING SEPTEMBER AS SUICIDE PREVENTION MONTH IN THE CITY OF BLUE ISLAND, COOK COUNTY, ILLINOIS

WHEREAS, September is recognized as National Suicide Prevention Month, a time to raise awareness and foster understanding about suicide and mental health; and

WHEREAS, suicide is a serious public health issue that affects individuals and communities across the nation, including our own City of Blue Island; and

WHEREAS, our state and nation have experienced a concerning number of suicides in the past year, highlighting an urgent need for proactive measures and support systems to address mental health challenges; and

WHEREAS, the City of Blue Island is committed to promoting mental wellness and ensuring that all residents have access to the resources and support they need; and

WHEREAS, it is crucial to provide education, encourage open dialogue, and eliminate the stigma surrounding mental health and suicide; and

WHEREAS, we recognize the importance of supporting organizations and initiatives that offer help and resources to those in crisis; and

**WHEREAS**, resources available to those in need include the 24/7 National Suicide Prevention Lifeline at 988 or <u>988lifeline.org</u>; and

**NOW, THEREFORE, BE IT PROCLAIMED**, that September 2024 be recognized as National Suicide Prevention Month in the City of Blue Island. We encourage all residents to participate in local events, engage in conversations about mental health, and support initiatives aimed at preventing suicide and fostering a community of understanding and compassion.

We call upon everyone in our community to be vigilant, to offer support to those who may be struggling, and to reach out for help if needed. By coming together, we can make a significant impact in saving lives and improving mental health outcomes for all.

ADOPTED September 10, 2024.

FRED BILOTTO

MAYOR OF THE CITY OF BLUE ISLAND, COUNTY OF COOK AND STATE OF ILLINOIS

ATTEST

y of September 2024

RAEANN CANTELO-ZYLMAN, C(T)Y CLERK